

Fetal Development

Day 1 - The baby has its own complete DNA, distinct from either of its parents.

- The baby has its own blood type, which may or may not be distinct from its parents.

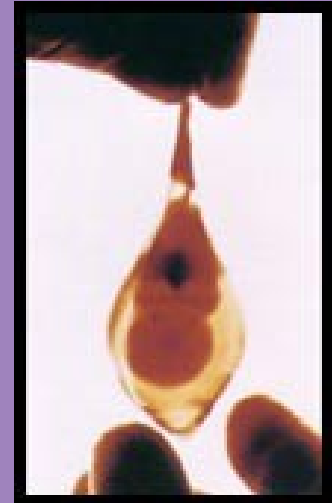


Fetal Development

13 Days - every part of the body has begun to form

20 Days - the heart is beating

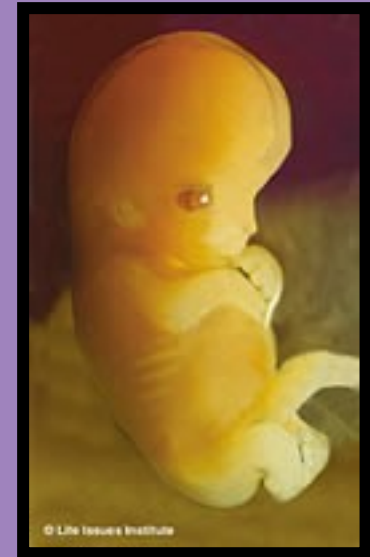
42 Days - brain activity can be recorded using an EEG device



Fetal Development

7 Weeks - the baby has the same fingerprints which it will carry for the rest of his or her life

8 Weeks - The baby begins to respond to touch and moves away from painful contact



Fetal Development

9-10 Weeks - The body is virtually complete. The arms, legs, fingers, toes and internal organs of the baby are present and functioning.

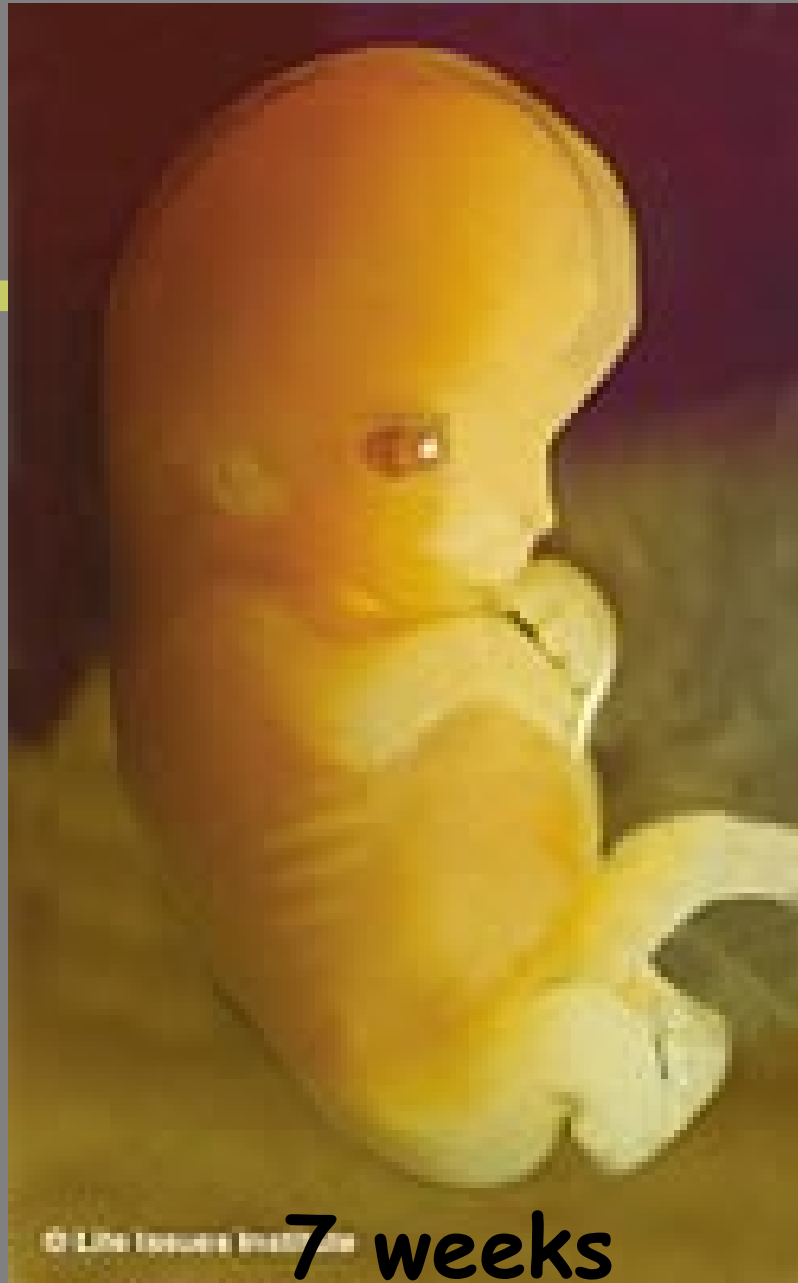


Fetal Development

Changes after the 9th week are primarily changes in size, rather than appearance





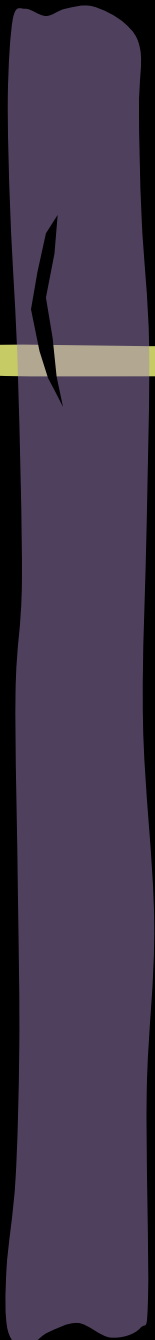


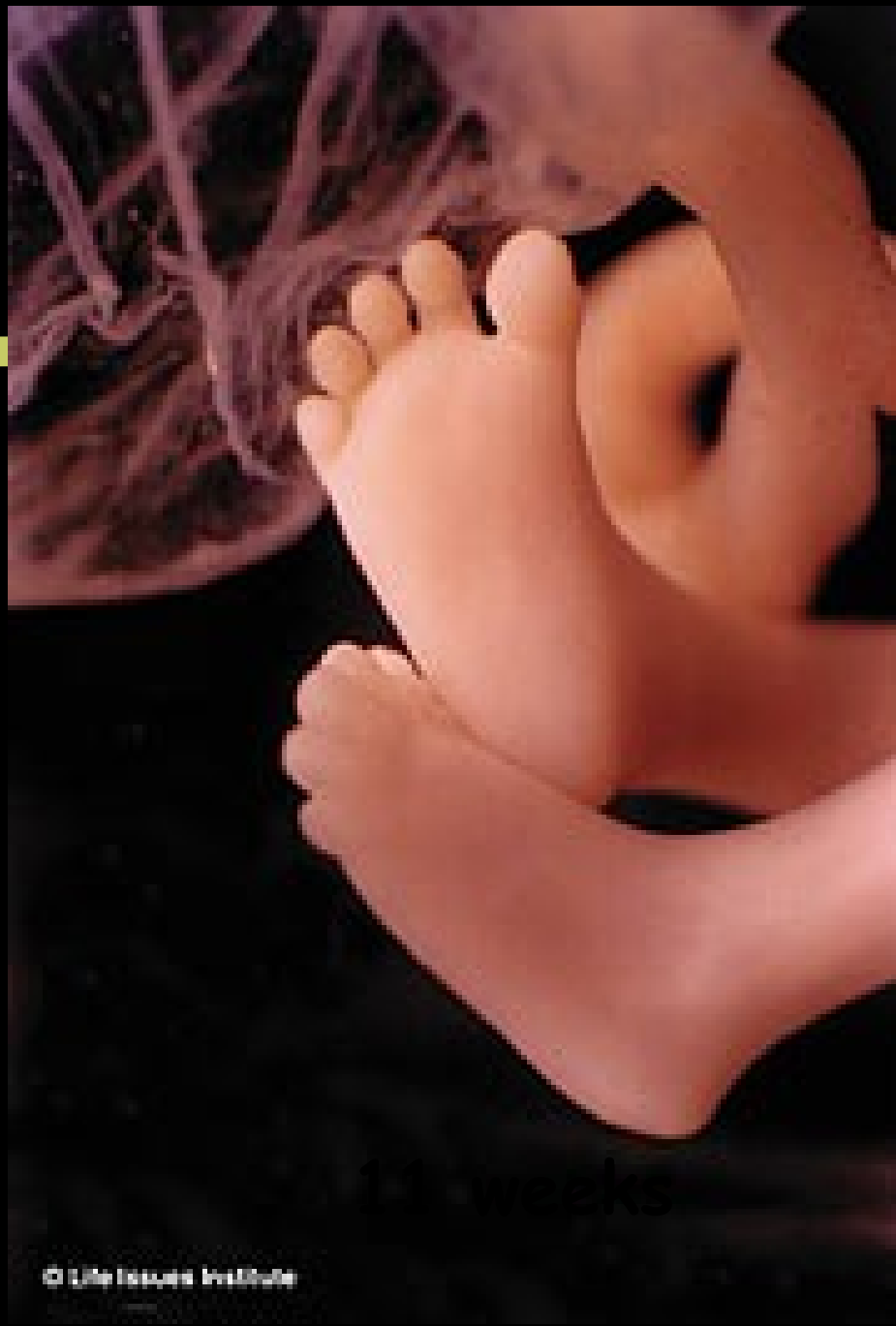
© Life Science Institute **7 weeks**



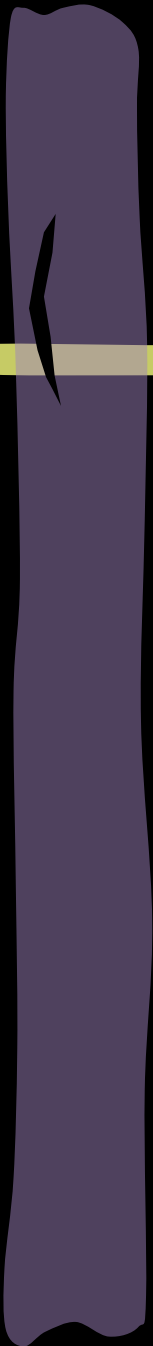
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8 weeks





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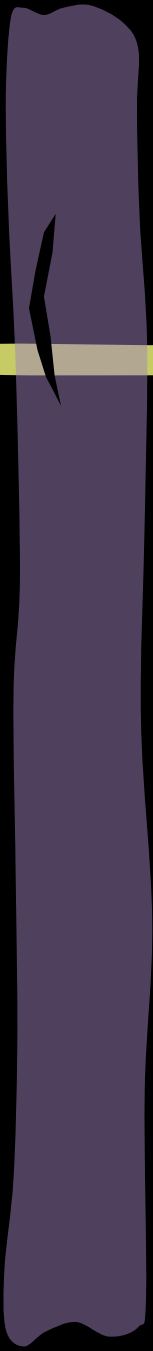


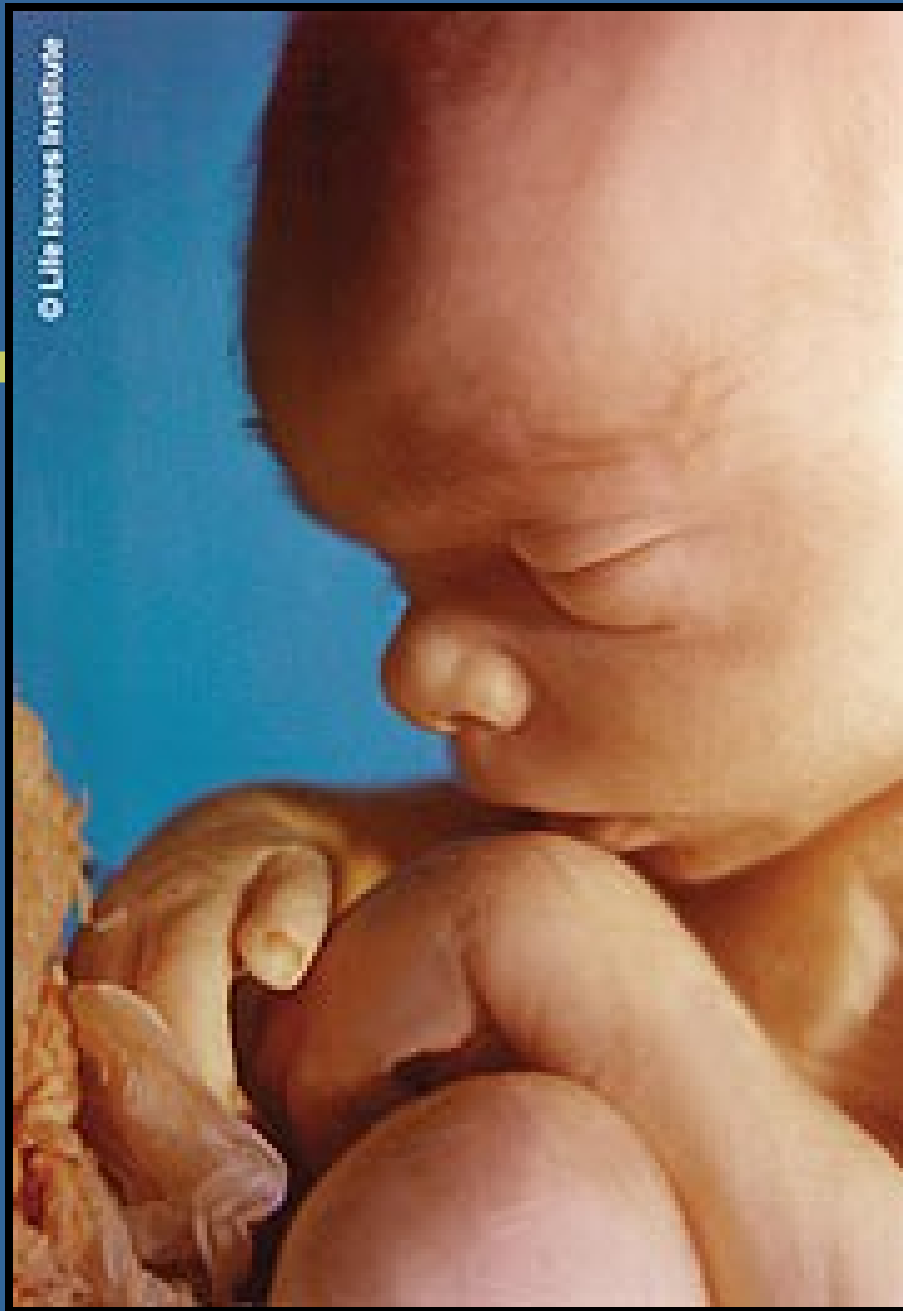
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16 weeks



18 weeks



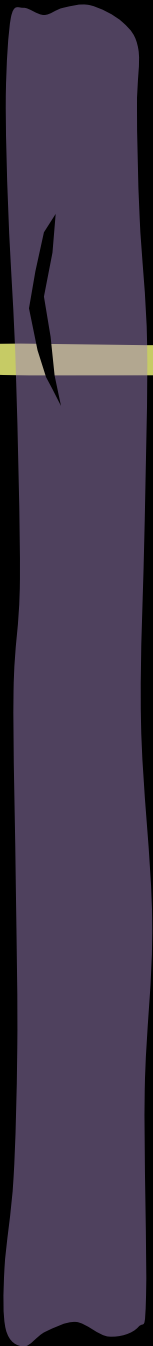


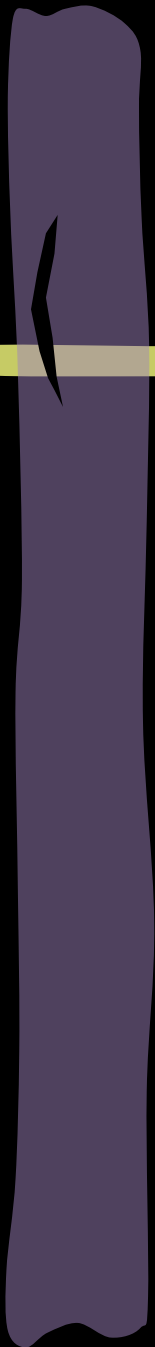
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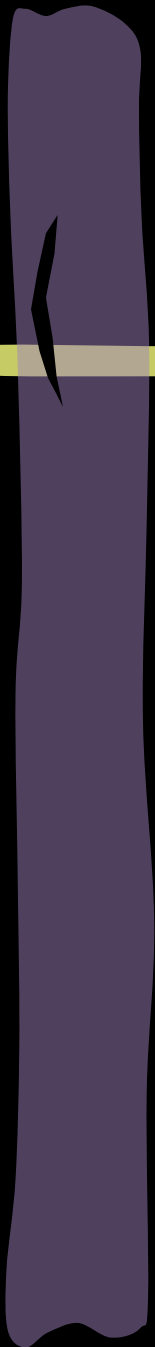
20 weeks



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Pregnant???? Now what????



- Parent
- Place for Adoption
- Choose to Abort

Personal Care During Pregnancy

- Nutrition
 - Canada food guide
 - Increase calorie intake
 - Calcium, iron important
 - Dry toast, bread decrease morning sickness
 - Avoid spicy, fried food
 - 10-13 kg weight gain is healthy

Parent

- 80% of teenage parents end up on social assistance.
- 1/3 don't finish high school.



Parent

- There are 7 teen pregnancies a day in Manitoba and 4 new teen parents a week.



Parent

- It's not just your girlfriend's problem.



Place for Adoption

- Incredibly loving and selfless decision, but extremely difficult to do.
- Many adoptions are now 'open'.
- You don't have the responsibility of your child but you know your child is loved and cared for.

Abortion

- Not an easy way out.
- Many girls feel pressure to choose this option because they don't have the support of their families or boyfriends.
- Not just a woman's problem.

Abortion

- Be aware of the risks:
 - Physical
 - Emotional



Healthy Pregnancy

- An unborn baby receives all of its nutrition from its mother.
- What she puts into her body is critical while she is pregnant.
- If unborn babies do not receive proper nutrition while in the womb, they may suffer physically for it once they are born.

Healthy Pregnancy

- Nutrient rich diet.
- Folic acid.
- Extra Calories.
- Exercise- mod. Under Dr. Supervision
- Obtain prenatal care and regular check ups
- No smoking, drinking, drugs.
- Many over the counter and prescription drugs are not safe for pregnant women.

Illnesses to Avoid

- Rubella (German Measles)
- STI's
- Both can have catastrophic effects on a fetus

Substance Abuse and Pregnancy



- The first trimester is the most critical for fetal development.
- The first trimester is when all major organs and body systems are formed.

Substance Abuse and Pregnancy

- There is no safe amount of alcohol that can be ingested during a pregnancy.
- Drinking during pregnancy often results in a child being born with Fetal Alcohol Spectrum Disorder.



- pFAS

- A child with a partial disorders exhibits some but not all signs
- Shows learning and behavioral issues b/c cns is damaged
- Any body organ/function can be affected by exposure to alcohol

Substance Abuse and Pregnancy

- An unborn baby gets all of its nutrients from the mother, so whatever the mother takes into her body, the baby takes into its body.
- If you are pregnant and doing drugs, you're baby may be born addicted to the drugs you were on while you were pregnant.

Substance Abuse and Pregnancy

- When a baby is born addicted to an illegal substance, the baby may go through extreme pain, tremors and convulsions.
- Babies who are born addicted to drugs are often taken by CFS and placed in foster homes.

